



Annual Planning

(Academic Year 2024-25)

Date: - 15/08/24

To
The principal
Shivaji College, Hingoli

Subject:- To Accept the **Annual Planning** of Academic Year 2024-25

Dear Sir,

As per the subject and reference I herewith submit the tentative plan of the annual activities going to be undertaken for the **Academic year 2024-25** as per direction received. With the above planner I expect economic assistance from you whenever needed. The other concerned activities for inclusion of stakeholders will be added if possible in the same academic year. I request you to accept the annual planning and oblige.

Thank you.

Regards

Dr. Sherkar S.T.
Assistant Professor
Head, Department of Psychology

Principal
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Enclosures

1. Annual activities Planning of Psychology department
2. Annual activities Planning of Debate and Elocution Committee





SHIVAJI COLLEGE HINGOLI

Deptt. Of Psychology

Teaching Plan: - 2024-2025

CLASS: B.A.F.Y.(Paper I- Introduction to Psychology- HPSYCT1101)

Semi - I

Months	Topic / chapter	Periods	Remark
June	Unit – I– PSYCHOLOGY: SCIENCE AND PERSPECTIVES a. Definition, nature and Goals of Psychology as a Science. b. Types of Psychological Professionals. c. Perspectives in Psychology	08	
July	d. Scientific Methods – Steps in Scientific Methods, Descriptive methods: e. Applications: How to enhance your academic performance. UNIT-II– SENSATION, ATTENTION AND PERCEPTION a. Sensation – Definition, Nature and Process. b. Attention – Definition, Types, Determinants, Span of Attention c. Perception – Definition, Gestalt Principles and Perceptual Constancies d. Perceptual Illusions- Geometrical, movement e. Applications.	08	
August	Taking assignment UNIT-II -MOTIVATION a. Definition of Motivation – Concept of homeostasis b. Types of Motives – Biological, Social c. Approaches to Understanding Motivation- Instinct Approaches, Drive-Reduction Approaches, Humanistic Approaches d. Frustration – Sources of Frustration, Types of Conflicts. e. Applications.	07	
September	UNIT-II -MOTIVATION a. Definition of Motivation – Concept of homeostasis b. Types of Motives – c. Approaches to Understanding Motivation. d. Frustration – Sources of Frustration, Types of Conflicts. e. Application. UNIT –IV-EMOTION a. Emotion - Nature and Definition. b. Elements of Emotion	07	
October	c. Theories of emotion: d. The facial feedback hypothesis. e. Applications – Being Happy.	30	
Total periods - 30			

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Teaching Plan:- 2024-2025

Class :- B.A.F.Y. (Paper III- Basic Psychological Process HPSYCT1152) Semi-II

Months	Topic / chapters	Periods	Remark
November	UNIT- I- LEARNING a. Definition of learning b. Classical conditioning c. Operant conditioning	08	
December	d. Theories of Learning - e. Application of Classical and Operant Conditioning UNIT -II- PERSONALITY a. Nature, Definition and Misconceptions b. Freud's Psychoanalytical Theory of Personality c. Trait Approaches to Personality: All port's approach, Chattel's 16PF	08	
January	McCrae and Costa Big-5 d. Assessment Techniques - Behavioral, Projective and Self Report Inventories i) MMPI ii) CPI iii) Neo PI e. Applications: SWOT Analysis. UNIT -III - MEMORY a. Definition and process. b. Types of memory. c. Types of long term memory. Taking assignment	07	
February	d. Forgetting - Definition, Course of forgetting (Ebbinghaus' forgetting curve), Cause of forgetting. e. Application: Improving memory UNIT-IV- INTELLIGENCE a. Definition of intelligence b. Measurement of intelligence- Concept in measurement of intelligence (C.A., M.A.,IQ) c. Test of Intelligence-Binet, Stanford Binet, Wechsler.	07	
March	d. Theories of intelligence - Spearman, Gardner, Sternberg e. Application.	30	
Total periods - 30			

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Teaching Plan:- 2024-2025

Class VII (Paper VII- (Psychological Testing & Statistic Part-I) Semi-III

Months	Topic / chapter	Periods	Remark
July	i) Functions of psychological Tests ii) Nature of a psychological Test iii) Controlling the use of Tests iv) Test administration v) Examiner and situational variables	02	
August	vi) Effect of training on Test performance vii) Social and ethical implication of Testing viii) Test Anxiety and Rapport ix) Types of psychological Tests i) Item difficulty ii) Item discrimination iii) Indices of item discrimination iv) Item response theory	08	
September	v) Item analysis of speeded tests vi) Cross validation vii) Item-by-group interaction i) Measurement in general ii) Need for grouping iii) Preparation of a frequency table iv) Graphic representations of the frequency distribution	10	
October	(a) Histogram (b) Frequency Polygon c) Smoothing a polygon i) Mean ii) Computation of the mean (a) The long method and (b) The short or assumed mean method iii) Median and its computation iv) Mode v) Uses of various measures of central tendency	10	
Total periods - 30			

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SHIVAJI COLLEGE HINGOLI

Teaching Plan:- 2024-2025

Class: B.A. (Paper IX- (Psychological Testing & Statistic-Part -II) Semi-III

Months	Topic / chapters	Periods	Remark
November	i) Definition ii) The correlation coefficient iii) Types of reliability:	08	
December	iv) Test-retest reliability (a) Parallel from reliability (b) Split-half reliability (c) Inter-item consistency v) Scorer reliability vi) Reliability of speeded tests vii) Factors affecting reliability coefficients viii) Standard error of measurement ix) Reliability of criterion-referenced tests	08	
January	i) Meaning of validity ii) Types of validity (a) Content validation (b) Criterion-related validation (c) Construct validation iii) Comparison of validation procedures iv) Validity	07	
February	i) Range ii) Quartile deviation iii) Average deviation iv) Standard deviation v) Uses of the various measures of variability	07	
March	i) Meaning and types of coefficient of correlation. ii) Rank Difference Correlation. iii) Product Moment Correlation (Ungrouped)	30	
Total periods -		30	

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Teaching Plan:- 2024-2025

Class: - B.A.S.Y.(Paper X -Psychology Practical)

Months	Psychological tests	Periods	Remark
July	Verbal Test of intelligence.	08	
August	Performance Test of intelligence. Vocational Interest record.	16	
September	Vocational Interest record.	16	
October	Study Habit Inventory. Test study habits and Attitudes. Taking Seminar for Practical internal 10 Marks.	16	
November	Educational Interest Record.	16	
December	Dimensional Personality Inventory. Vocational Interest Record.	16	
January & February	Self concept questioner. Self actualization Inventory.	16	
March	Taking Group Discussion for Practical internal 10 Marks. Attitude scale towards education. A New Test of values.	16	
Arial	Practical Examination	Total period - 120	

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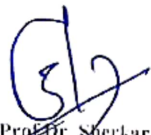
Teaching Plan:- 2021-2025

Class: - B.A. S.Y

Paper -I- SEC-Applied Psychology)

Semi- III

Months	Topic / chapters	Periods	Remark
July	Unit – I- Developing an assertive communication (a) The nature of assertiveness (b) Steps in assertiveness training (C)Application:-Measurement of Assertiveness	10	
August	Unit -II-Overcoming loneliness. (a) The nature of loneliness (b) Prevalence of loneliness (c) The roots of loneliness (d) Correlates of loneliness (e) Application :- Measurement of Loneness	13	
September and October	Unit –III-Understanding intimate violence (a) Partner abuse (b) Child abuse (c) Application :- Measurement of Aggression Taking <u>First</u> Psychological test	10	
November and December	Unit – II -Getting ahead in the job game (a) Putting together a resume (b) Finding companies you want to work for (c) Landing an interview (d) Polishing your interview technique (e) Application :- Measurement of Job Satisfaction Taking <u>Second</u> Psychological test and Taking seminar	12	
		Total periods - 45	


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Teaching Plan:- 2021-2022

Class:- B.A. S.Y.

(Paper -II- SEC-Applied Psychology)

Semi- iv

Months	Topic / chapters	Periods	Remark
July	Unit – I- Building self esteem a. Recognize that you control yours self- image b. Don't let others set your goals c. Recognize unrealistic goals d. Modify negative self-talk e. Emphasize your strengths f. Application Measurement of self- esteem	10	
August	Unit – II- Monitoring your self a. Problem with the SRRS b. The life experiences survey c. A cautionary note d. Application: Measurement of stress	13	
September	Unit – III-Achievement self- control a. Specifying your target behavior b. Gathering baseline data c. Designing your program d. Executing and evaluation your program e. Ending your program f. Application: Measurement of self- concept Taking First Psychological test	10	
October & November	Unit – IV- Understanding the effects of drugs a. Drug- related concepts b. Narcotics c. Stimulants d. Hallucinogens e. Application: Measurement of Anxiety Taking Second Psychological test and Taking seminar	12	
		Total periods - 45	

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SHIVAJI COLLEGE HINGOLI

Teaching Plan:- 2024-2025

Class:- B.A.T.Y.(Paper XI- Introduction to Counseling)

Semi - V

Months	Topic / chapters	Periods	Remark
July	Unit – I – Introduction Definition of counseling. Difference between guidance and Counseling	08	
August	Goals of counseling, Professional and ethical issues. Unit – II –Counseling Process Preparation for counseling Counseling relationship Counseling content and process Seeps in the counseling process	12	
September	Unit – III– Counseling Interaction Counseling interaction Variables affecting the counseling Process Counseling skills and portrait of an effective counselor	11	
October	Unit – IV – Counseling Interview Essential aspects of interview Non – verbal communication in interview Counselee – counselor relationship	11	
November	Interviewing techniques in counseling Sharing experience	03	
	Total period - 45		

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SHIVAJI COLLEGE HINGOLI

Teaching Plan:- 2024-2025

Class: - B.A.T.Y.(Paper XIV-Counseling Techniques) Semi-VI

Months	Topic / chapters	Periods	Remark
December	Unit – I – Theories and techniques counseling Psychodynamic approach- Freud Humanistic approach- client centered Cognitive approach- Rational emotive therapy Behavioral approach- Behavior Modification Yoga and Meditation	11	
January	Unit – I- Psychological Testing and Diagnosis Type of psychological tests Test use in counseling situation Test interpretation in counseling Non –test appraisal techniques	11	
February	Unit – III – Educational Counseling Counseling the elementary school- child Counseling at high school Counseling at college The role of teachers in counseling Educational counseling and curriculum Visit of Mental Health Center/M.R. School/Field work.	11	
March	Unit –IV– Counseling Application Family counseling Counseling with parents Pre-marital and marital counseling Seminar and group Discussion	10	
April	Career counseling Counseling drug addicts Total period - 45	02	

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